

What do you remember being told about writing...

by a teacher or parent?


by a colleague or other professional?


by a mentor or boss?


Do you remember a time when you enjoyed writing?

If so, what did you enjoy about it? If not, why was writing unpleasant?


Do you enjoy writing now?

If you do, what do you enjoy about it? If you don't, why not?


## How often do you write:

For work \_\_\_\_\_

For yourself, privately (e.g. journals, poems, stories, letters...) \_\_\_\_\_

Creatively, for others (e.g. poems, fiction, stand-up comedy...) \_\_\_\_\_

## What do you believe about writing?

(e.g. It's hard, it's fun, it's time-consuming, it's necessary, you're good at it, it's painful...)


## What are the last five things you wrote?

Everything counts: lists, emails, love notes, whatever!


## What was the last thing you wrote that's longer than a few sentences?
